

GESTOSIS - INDEX (OG)

To assess the severity of the syndrome
and the effect of your therapy

as suggested by Claus Goecke, Aachen / Germany

A scoring system similar to the Apgar Score has been suggested by Goecke and modified by El Kabarity to help to monitor the condition of the EPH - Gestosis patient. It has to be carried out frequently. A close correlation between the severity of the signs and symptoms on one side and perinatal mortality and small -for-date babies on the other side has been proven.

Severity : GI 1-4 mild, GI 5-7 moderate GI 8-11 severe EI Eclampsia imminent
EC Eclampsia convulsiva

	0	1	2	3	date	date	date	date
Edema after bedrest	none	pretibial	generalized	-				
Proteinuria Dip-sticks	trace	+	++	+++				
Bloodpressor systolic	> 140	140-160	160-180	< 180				
Bloodpressor diastolic	> 90	90-100	100-110	< 110				
Gestosis Index								
Symptoms of imminent eclampsia EI				yes				no
Symptoms of convulsive eclampsia EC				yes				no