

EPH GESTOSIS FREQUENCY IN MODERN CLINICAL PRACTICE

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EPH gestosis continues to remain one of the most important problems of modern obstetrics. EPH gestosis has a big medical, social, demographic and economic value. Importance of a problem of EPH gestosis is caused by high frequency of this pathology with a population. For last 5 years frequency of a pathology among pregnant women tends to increase. In 2003 in Russia, edema, proteinuria and hypertension have been revealed among 22,4 %, including severe preeclampsia and eclampsia among 2,8 % of the delivered women (Orlova O. G., Tokova Z. Z., 2005). EPH gestosis is an important reason of parent disease. Severe EPH gestosis results in an increase of perinatal death rates.

Purpose of the research.

The purpose of this prospective controlled research is to study frequency the occurrence of EPH gestosis in modern clinical practice in the Moscow region.

Materials and methods.

Research has been made in one of maternity hospitals of our region. In prospective research, 8084 deliveries for the period from 1998 to 2002 have been analyzed.

Results.

In 1998, in hospital there were 1603 deliveries, frequencies EPH gestosis accounted for 11,4%, eclampsia 0%. In 1999, there were 1551 deliveries, frequencies of EPH gestosis accounted for 11,8%, eclampsia 0%. In 2000, there were 1554 deliveries, frequencies of EPH gestosis accounted for 14,8%, eclampsia 0%. In 2001, there were 1722 deliveries, frequencies of EPH gestosis accounted for 17,0%, eclampsia 0%. In 2002, there were 1654 deliveries, frequencies of EPH gestosis accounted for 21,5%, eclampsia 0%.

Conclusions.

During prospective examination of 8084 delivered women in 1998-2002 frequency of EPH gestosis varied from 11,4 up to 21,5% and on the average accounted for 15,3%. A tendency of frequency increase of EPH gestosis for this period has been revealed.

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